

Breastfeeding the Preterm Baby

Friday, April 16, 2010

9:15 a.m. - 4:30 p.m.

Newark Beth Israel Medical Center
Parsonnet Auditorium A

PROGRAM SCHEDULE

- 8:50 a.m. Registration
- 9:15 a.m. Development of Oral-Motor Capacity in Preterm Infants
- 10:15 a.m. Break
- 10:30 a.m. Observation-Based Breastfeeding Support for the Preterm Infant
- 11:30 a.m. Breastfeeding-Friendly NICU Feeding Practices
- 12:30 p.m. Lunch
- 1:15 p.m. Kangaroo Care & Breastfeeding
- 2:15 p.m. Family-Centered NICU Care
- 3:15 p.m. Break
- 3:30 p.m. Effects of Feeding Practices on Growth in Preterm & SGA Babies
- 4:30 p.m. Evaluations

ABOUT OUR SPEAKER

KERSTIN HEDBERG NYQVIST, RN, PHD, IBCLC

is Associate Professor in the Department of Women's and Children's Health at the University Hospital in Uppsala, Sweden. Her prolific research on breastfeeding policies and practices is changing our paradigms about breastfeeding the preterm baby.

WHO SHOULD ATTEND?

Physicians, nurses, lactation consultants and other health care professionals who provide care to premature newborns

PROGRAM DESCRIPTION

Development of Oral-Motor Capacity in Preterm Infants

A discussion of practices that can speed up the transition of much younger preemies to full breastfeeding

Observation-Based Breastfeeding Support for the Preterm Infant

A description of the signs of breastfeeding competence in tiny preterm babies

Breastfeeding-Friendly Feeding NICU Practices

A discussion of the impact of NICU feeding policies on the transition to breastfeeding among preterm babies; areas covered include feeding frequency, milk volumes, scheduled versus semi-demand and demand feeding, and effects of different oral feeding methods

Kangaroo Care and Breastfeeding: Practical Applications

An overview of the physiological effects of skin-to-skin contact on mother and baby and practical aspects of using this technique in different settings as a key strategy for facilitating early breastfeeding

Family-Centered NICU Care

A description of what the research tells us about how to structure a developmentally supportive NICU in terms of physical environment, family support and involvement, and what this means to nursing care

Effects of Feeding Practices on Growth in Preterm & SGA Infants

An overview of the research on the effects of different feeding practices on the growth of preterm and growth-retarded infants

*This program is supported in part by an Unrestricted Educational Grant from
Ameda Breastfeeding Products, Inc.*

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ACCREDITATION

Newark Beth Israel Medical Center is an approved provider of Continuing Nursing Education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA. Each nursing participant will receive 6.0 Contact Hours upon completion of the program.

Application for CERPs has been submitted to the IBLCE

REGISTRATION INFORMATION

Saint Barnabas Health Care System	\$35
All Others	\$50

Course materials, breakfast, lunch & discounted parking will be provided

Please register early, as space is limited

For further information contact:

Pat Benedetto at 973-926-7878 or Pbenedetto@sbhcs.com / Angie Daniels at 973-926-2642 or Adaniels@sbhcs.com

Directions to Children's Hospital of New Jersey at Newark Beth Israel Medical Center

201 Lyons Avenue, Newark, New Jersey 973-926-7203 (Neonatal Office)

Garden State Parkway North to Exit 143, Irvington. Make left at light onto Cleremont Avenue. At next light make right onto Lyons Avenue. Follow blue "H" signs to NBIMC about two miles on left.

Garden State Parkway South to Exit 143A, Maplewood. Bear left off exit to first light and turn left onto Lyons Avenue. Proceed as above.

NJ Turnpike to Exit 14. Follow Route 78 West to Exit 55 (Irvington/Hillside). Bear left off exit. Make left at light onto Lyons Avenue. Follow blue "H" signs to NBIMC.

Route 24 East to Route 78 East to Exit 55 (Hillside/Irvington). Go straight on exit ramp toward Irvington. Turn right at second light onto Lyons Avenue. Proceed as above.

REGISTRATION FORM (please detach and return with your check)

Breastfeeding the Preterm Baby

Name: _____

Hospital Affiliation: _____

Email Address: _____ Phone _____

Amount enclosed: \$ _____ Make Checks payable to: Neonatal Medicine - NBIMC

Mail check & completed registration to:
Pat Benedetto, RNC Neonatal Medicine (C-9)
Newark Beth Israel Medical Center, 201 Lyons Avenue, Newark, New Jersey 07112