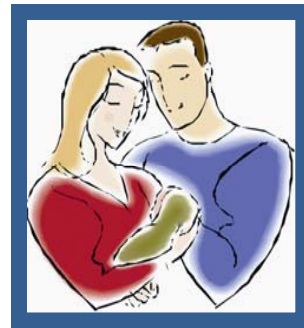




## Maternal-Newborn Low Risk Neonate Review and Update Course

May 11, May 18  
&  
June 1, 2010



7:30 AM– 4:15 PM  
at

Central New Jersey Maternal and  
Child Health Consortium  
2 King Arthur Court, Suite B  
North Brunswick, NJ

### Continuing Nursing Education

Participants will be awarded 21.0 contact hours for the full program or 7.0 contact hours per day by the Central New Jersey Maternal and Child Health Consortium, Inc.

CNJMCHC is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

Provider number P92-1/08-11. Provider approval is valid through January 31, 2011.

Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial product. No commercial support was provided for this nursing education activity.

### Required Textbook

**AWHONN's Perinatal Nursing.** 3rd Ed.(2008) by Kathleen Rice Simpson and Patricia Creehan. Available from AWHONN at: [www.awhonn.org](http://www.awhonn.org). Prior to the beginning of the course, participants should read Chapter 3 "Physiologic Changes of Pregnancy" and Chapter 10 "Postpartum Care."

*CNJMCHC reserves the right to make changes, reschedule, or cancel this conference should it be necessary. (Please note that the program may be cancelled if there are less than 20 people registered.)*

*For more information please contact:  
Ellen Shuzman, PhD, RN,C, APN, NEA-BC at CNJMCHC  
at 732-937-5437 or e-mail: [eshuzman@cnjmchc.org](mailto:eshuzman@cnjmchc.org)*

### Goals of Program

To help staff nurses interested in becoming certified in the specialty of Maternal-Newborn or Low Risk Neonatal Nursing to assess their current nursing knowledge, identify specific areas for independent study, and prepare to take a certification examination.

To provide a review and update for staff nurses returning to the clinical specialty of Maternal-Newborn or Low Risk Neonatal Nursing.

### Objectives

At the completion of this program participants will be able to:

Discuss the biological, physiological, psychological and sociocultural factors that may affect the pregnant/postpartum woman, the childbearing family, the developing fetus, and the newborn.

Describe the cardiovascular, pulmonary and thermal adaptations of the newborn during transition to extrauterine life.

Explain the pathophysiology, signs and symptoms, and management of newborns with: cardiac, respiratory, neurologic, diseases, hyperbilirubinemia, infections, pain and narcotic withdrawal.

Discuss nursing care needed to establish and promote successful breastfeeding; and prevent or minimize common lactation problems.

Apply current standards of nursing practice, research findings and ethical-legal principles in providing evidence-based nursing care in maternal-newborn and low risk neonate settings.

**Day 1 May 11, 2010**  
**Care of Postpartum Mothers**

7:30 Registration and Continental Breakfast  
8:00 Course Overview  
*Ellen Shuzman, PhD, RN,C, APN*  
*Director of Education and Professional Development, CNJMCHC*

8:15 Organ System Changes in Pregnancy and the Postpartum Period  
*Donna Weeks, DNP, RN, APN*  
*Perinatal Clinical Specialist*  
*Saint Peters University Hospital*

9:30 Risk Factors and Complications Affecting Maternal/Neonatal Outcomes  
*Teresa Pohle, RN,C, MSN, Instructor*  
*Rutgers University College of Nursing*  
*Staff Nurse, Saint Peters University Hospital*

10:45 Break

11:00 Postpartum Complications: Diabetes, PIH and HELLP Syndrome, and Hemorrhage  
*Barbara L. Cannella, PhD, RN,C, APN*  
*Clinical Associate Professor*  
*Rutgers University College of Nursing*

12:15 Lunch

1:00 Postpartum Complications: DIC, Infections, Thromboembolism, and Pulmonary Embolism  
*Kathleen Mahoney, RN, APN*  
*Perinatal Clinical Nurse Specialist*  
*Robert Wood Johnson University Hospital*

2:15 Family Dynamics After Childbirth  
*Charlotte Feeney, RN,C, BSN*  
*Perinatal Nurse Educator, CNJMCHC*

3:00 Break

3:15 Perinatal Bereavement  
*Sheryl Dwyer, RN,C, BSN*  
*FIMR Coordinator, CNJMCHC*

4:00 Evaluation

4:15 Adjournment

**Day 2 May 18, 2010**  
**Care of Newborns**

7:30 Registration and Continental Breakfast  
8:00 Transition to Extrauterine Life: Assessment, Stabilization and Resuscitation  
*Ksenia Zukowsky, PhD, APRN-NNP-BC*  
*Associate Professor*  
*Jefferson School of Nursing*

9:00 Gestational Age and Physical Assessment of the Newborn  
*Jo Ann Peck, RN,C, IBCLC*  
*Lactation Consultant*  
*Robert Wood Johnson University Hospital*

10:15 Break

10:30 Impact of Substances on Maternal Health and Neonatal Outcomes  
*Debbie Riscica, BS, OTR,CADC*  
*Perinatal Risk Reduction Coordinator, CNJMCHC*

11:00 Pain and Opioid Withdrawal in the Newborn: Assessment and Management  
*Jacqueline Jupin Manzie, RN,C-NICU, MHA*  
*Clinical Educator*  
*Sunny Days Early Intervention Services*

12:00 Lunch

12:45 Hyperbilirubinemia in the Newborn  
*Ksenia Zukowsky, PhD, APRN-NNP-BC*  
*Associate Professor*  
*Jefferson School of Nursing*

1:45 Neonatal Cardiac Disease: Identification, and Initial Stabilization  
*Rebecca Farvetto, RN, CCRN*  
*Staff Nurse, NICU*  
*Saint Peters University Hospital*

2:45 Break

3:00 Neonatal Respiratory Disorders: Identification, and Initial Stabilization  
*Bonnie Laub, RN,C*  
*NICU Clinical Instructor*  
*Saint Peters University Hospital*

4:00 Evaluation

4:15 Adjournment

**Day 3 June 1, 2010**  
**Care of Mothers and Newborns**

7:30 Registration and Continental Breakfast  
8:00 Neonatal Neurologic Problems: Identification and Stabilization  
*Susan Stang, RN,C, NIC, APN*  
*Neonatal Clinical Nurse Specialist*  
*Robert Wood Johnson University Hospital*

9:00 Neonatal Infectious Diseases: Identification and Initial Stabilization  
*Susan Stang, RN,C, NIC, APN*  
*Neonatal Clinical Nurse Specialist*  
*Robert Wood Johnson University Hospital*

10:00 Break

10:15 Neonatal Nutrition: Lactation and Breastfeeding  
*Diane Procaccini, RN, MSN, IBCLC*  
*Coordinator Lactation Services*  
*Capital Health System*

11:45 Lunch

12:30 Neonatal Nutrition: Lactation and Breastfeeding continued

2:00 Neonatal Nutrition: Formula Feeding  
*Jo Ann Peck, RN,C, IBCLC*  
*Lactation Consultant*  
*Robert Wood Johnson University Hospital*

2:30 Break

2:45 Professional Issues and Tips for Test Taking  
*Ellen Shuzman, PhD, RN,C APN*  
*Director of Education and Professional Development, CNJMCHC*

4:00 Evaluation

4:15 Adjournment

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**Disclosures**  
*The following planners and speakers have no vested interest in the content and will not be discussing non-FDA or off-label use of medications: Barbara Cannella, Robyn D'Oria, Sheryl Dwyer, Rebecca Favretta, Charlotte Feeney, Jacqueline Jupin-Manzie, Bonnie Laub, Kathleen Mahoney, Debbie Riscica, Ellen Shuzman, Susan Stang, Donna Weeks, and Ksenia Zukowsky.*

*The following speakers disclose: Jo Ann Peck is a private lactation consultant. Teresa Pohle will discuss off-label use of Terbutaline and Magnesium Sulfate for preterm labor. Diane Procaccini will discuss off-label use of Metoclopramide to increase milk production.*

**Maternal Newborn/Low Risk Neonate Review and Update Course**  
**May 11, May 18 and June 1, 2010**

**Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

Hospital Affiliation \_\_\_\_\_

Phone number \_\_\_\_\_

E-Mail \_\_\_\_\_

**Registration for members of Central New Jersey Maternal and Child Health Consortium: \***

- \$150.00 for the three days
- \$ 70.00 for one day
- \$140.00 for two days

*\*CNJMCHC Member Hospitals: Capital Health System, Hunterdon Medical Center, Raritan Bay Medical Center, Robert Wood Johnson University Hospital, Robert Wood Johnson University Hospital at Hamilton, Saint Peter's University Medical Center, Somerset Medical Center, University Medical Center at Princeton*

**Registration for out of network:**

- \$190 for the three days
- \$ 80 for one day
- \$160 for two days

**Select dates to attend conference:**

[ ] All three days (May 11, 18 and June 1)  
[ ] May 11 [ ] May 18 [ ] June 1

Amount enclosed \$\_\_\_\_\_

**Registration Deadline May 1, 2010**

**Mail checks to:**

Central NJ Maternal and Child Health Consortium  
2 King Arthur Court, Suite B  
North Brunswick, NJ 08902