

## Agenda

7:30am Registration

8:00am Welcome

8:15am - 9:45am

The Scientific and evidence base for skin to skin contact

9:45am Break

10:00am – 11:30am

Kangaroo Mother Care: Restoring the Original Paradigm for Infant Care

11:30 – 12:00 pm Questions

12:00pm Lunch

12:45pm- 2:15pm

Neurologically Supportive Labor ward and NICU Environment

2:15pm – 3:45pm

Neurobehavioral Approach to Feeding Frequency

3:45pm Questions

4:00pm Evaluations

Please Note: The sponsors reserve the right to make changes without notice



## Speaker

Dr. Nils Bergman, MD, MPH, PhD

Dr. Bergman He is an internationally known expert in the areas of developmental neuroscience and breastfeeding. He regards skin to skin contact as a first and critical intervention in perinatology.

## Continuing Education

Robert Wood Johnson University Hospital is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA P#133-03/10-13

All speakers and planners have agreed that this activity will be free of bias There is no non commercial support for this activity Accreditation refers to recognition of continuing education activities only and does not imply approval or endorsement of any commercial products(s)

Contact hours will be given for this activity

**Application for CERPs has been submitted to IBLCE.**



## Registration – Skin to Skin: It's What's In... the Research, The Evidence and the Literature

**Name**

**Address**

**City**

**Zip**

**Phone**

**Email:**

Registration confirmation by email only

**Affiliation/Hospital:**

**Conference Fee:**

**RWJUH NB employees**

**\$25.00**

Your check will be returned upon Attendance

**All Others**

**\$125.00**

**Please make checks payable to: RWJUH Breastfeeding Conference**

**Mail registration and check to**

Robert Wood Johnson University Hospital - Nursing Education  
193 Somerset St.

New Brunswick, NJ 08903

ATT: Cheryl Barber

After May 15 please call 732-828-3000 ext 8500 to check availability

## Objectives

At the conclusion of the program, participants should be able to:

- Discuss normal newborn neurodevelopment, and the short and long term effects of separation on limbic programming
- Evaluate research assumptions, origins of Kangaroo Care and their implications to practice
- Discuss strategies for shaping the environment after birth for better developmental outcomes
- Discuss relevance of current feeding recommendations

## Who should attend

Lactation Consultants  
Nurses  
Peer Counselors  
Healthcare professionals involved in the care of women and newborns



## Seventh Annual Breastfeeding Conference

# Skin to Skin: It's What's In... The Research, The Evidence, The Literature



**Monday June 11, 2012  
7:30am – 4:00pm**

**New Jersey Hospital Association  
Conference Center  
760 Alexander Road  
Princeton, NJ**

For directions: [njha.com](http://njha.com)